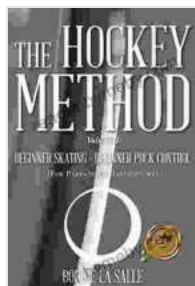


Beginner Skating and Puck Control for Parents and Instructors



The Hockey Method: Beginner Skating - Beginner Puck Control (For Parents and Instructors) by Steven Schneider

★★★★★ 5 out of 5

Language	: English
File size	: 15154 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 445 pages
Screen Reader	: Supported



Hockey is a great sport for kids of all ages. It's a fun way to stay active, learn teamwork, and develop coordination and motor skills. But before kids can start playing hockey, they need to learn how to skate and control the puck.

This guide will teach you everything you need to know to get your child started in hockey. We'll cover everything from basic skating skills to advanced puck control techniques.

Chapter 1: Basic Skating Skills

The first step in learning to play hockey is learning how to skate. This chapter will teach you the basics of skating, including how to:

- Balance on your skates

- Start and stop
- Turn and maneuver
- Crossover
- Pivot

Once your child has mastered these basic skating skills, they'll be ready to start learning how to control the puck.

Chapter 2: Puck Control

Puck control is essential for playing hockey. It allows players to keep possession of the puck, make passes, and shoot goals.

This chapter will teach you the basics of puck control, including how to:

- Hold the stick properly
- Carry the puck
- Receive a pass
- Pass the puck
- Shoot the puck

Once your child has mastered these puck control skills, they'll be able to start playing hockey with confidence.

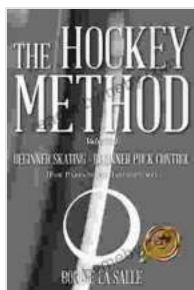
Chapter 3: Drills and Games

The best way to improve your child's skating and puck control skills is to practice regularly.

This chapter provides a variety of drills and games that you can use to help your child practice. These drills and games are designed to be fun and engaging, so your child will be more likely to stick with them.

Learning to skate and control the puck is an essential part of playing hockey. This guide has provided you with everything you need to know to get your child started in hockey. With patience and practice, your child will be able to master the basics of skating and puck control and start playing hockey with confidence.

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