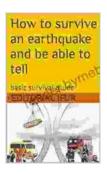
How to Survive an Earthquake and Be Able to Tell

Earthquakes are a major natural disaster that can cause widespread damage and loss of life. While it is impossible to predict when an earthquake will occur, there are steps you can take to prepare for one and increase your chances of survival.



How to survive an earthquake and be able to tell: basic survival guide (Emergency Book 1)

★ ★ ★ ★ 5 out of 5

Language : English

File size : 3900 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting: Enabled

Word Wise : Enabled

Print length : 106 pages



Before an Earthquake

- Make an emergency plan. This plan should include where you will go and what you will do in the event of an earthquake. It is important to discuss this plan with your family and friends so that everyone knows what to do.
- Have an emergency kit. Your emergency kit should include food,
 water, first aid supplies, a battery-powered radio, and a flashlight. It is

- also a good idea to keep a copy of your important documents in your emergency kit.
- Secure your home. This means bolting down furniture and heavy objects, and securing any loose items that could fall and cause injury.
- Learn how to turn off your gas and electricity. This is important to do in the event of an earthquake to prevent fires and explosions.

During an Earthquake

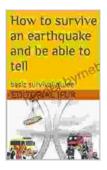
- Drop, cover, and hold on. This is the best way to protect yourself from falling debris and other hazards during an earthquake. Drop to the ground, cover your head and neck with your arms, and hold on until the shaking stops.
- Stay away from windows and outside doors. These areas are more likely to collapse during an earthquake.
- If you are in a car, pull over to the side of the road and stop. Stay in your car and wait for the shaking to stop.
- If you are outside, find a clear area away from buildings and trees.
 Drop to the ground and cover your head and neck with your arms.

After an Earthquake

- Check yourself and others for injuries. If you are injured, seek medical attention immediately.
- Check your home for damage. If your home is damaged, do not enter until it has been inspected by a qualified professional.
- Turn off your gas and electricity. This is important to do to prevent fires and explosions.

- Listen to the radio or television for updates. This will help you stay informed about the situation and what to do.
- Be prepared for aftershocks. Aftershocks can occur for days or even weeks after an earthquake. Be prepared for these aftershocks and take the same precautions as you would during an earthquake.

Earthquakes are a serious hazard, but by following these tips you can increase your chances of survival and be able to tell the tale.



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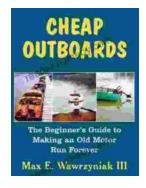
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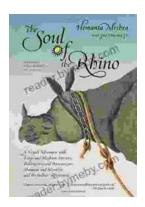
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