

Just Start: Your Practical Guide to Learning Anything



Just Start!: A Practical Guide to Learning

★★★★★ 5 out of 5

Language : English
File size : 2730 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 164 pages



Do you want to learn a new language? Play an instrument? Start a business? Or simply improve your cooking skills? Whatever your goal, Just Start is the practical guide to help you achieve it.

Just Start is not a magic bullet. It won't make you an expert overnight. But it will give you the tools and the motivation you need to get started and make progress.

In Just Start, you'll learn:

- How to set goals that are specific, measurable, achievable, relevant, and time-bound.
- How to create a plan that will help you reach your goals.
- How to take action, even when you don't feel like it.
- How to stay motivated and overcome obstacles.

Just Start is written by Barbara Oakley, a professor of engineering and computer science at Oakland University. She's also the author of the popular online course "Learning How to Learn." In Just Start, Barbara shares the learning strategies that she's developed over her years of teaching and research.

Just Start is the perfect book for anyone who wants to learn something new. It's full of practical advice and inspiration that will help you get started and achieve your goals.

Here's what people are saying about Just Start:

“Just Start is a must-read for anyone who wants to learn something new. Barbara Oakley's practical advice and inspiration will help you get started and achieve your goals.” - **Seth Godin, author of The Dip**

“Just Start is the perfect book for anyone who's ever wanted to learn something new but didn't know where to start. Barbara Oakley provides a clear and concise roadmap for success.” - **Scott Adams, creator of Dilbert**

“Just Start is a game-changer for anyone who wants to learn something new. Barbara Oakley's insights and strategies will help you overcome your fears and achieve your goals.” - **Susan Cain, author of Quiet**

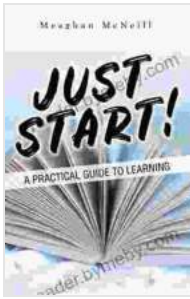
Free Download your copy of Just Start today and start learning!

Free Download Now

Just Start!: A Practical Guide to Learning

★★★★★ 5 out of 5

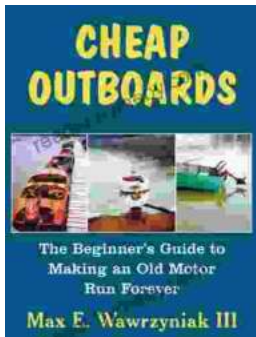
Language : English



File size : 2730 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 164 pages

FREE

DOWNLOAD E-BOOK



The Beginner's Guide to Making an Old Motor Run Forever

If you're like most people, you probably don't think about your motor very often. But if you're like most people, you also probably rely on your motor every...



Nepali Adventure: Kings and Elephant Drivers, Billionaires and Bureaucrats

In the heart of the Himalayas, where ancient traditions meet modern challenges, lies the enigmatic land of Nepal. It's a place where kings once ruled,...