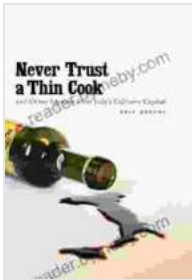


# Never Trust a Thin Cook and Other Lessons From Italy's Culinary Capital

In her lively and informative culinary memoir, *Never Trust a Thin Cook and Other Lessons From Italy's Culinary Capital*, Kathleen Flinn shares her adventures and misadventures as she learns the secrets of Italian cuisine in Bologna, Italy. From mastering the art of making perfect pasta to discovering the hidden gems of local markets, Flinn's journey is a delightful and inspiring tale for anyone who loves food, travel, and culture.



## Never Trust a Thin Cook and Other Lessons from Italy's Culinary Capital by Zubeida Jaffer

★★★★☆ 4.5 out of 5

Language : English  
File size : 679 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 242 pages  
Screen Reader : Supported



Flinn, a lifelong food lover and cooking enthusiast, moved to Bologna with her husband in 2008. She quickly fell in love with the city's vibrant food scene and decided to enroll in a cooking class at the renowned Accademia Italiana della Cucina. It was there that she met her mentor, Signora Alba, a thin, chain-smoking Italian woman who taught her the true meaning of Italian cooking.

Under Signora Alba's tutelage, Flinn learned the importance of using fresh, seasonal ingredients, and cooking with passion and patience. She also learned that there is more to Italian cuisine than just pasta and pizza. She discovered the delights of regional specialties such as *tortellini in brodo* (tortellini in broth) and *tagliatelle al ragù* (tagliatelle with meat sauce).

In addition to learning the secrets of Italian cooking, Flinn also immersed herself in the culture of Bologna. She visited local markets, attended food festivals, and made friends with the city's food artisans. Through her experiences, she gained a deep appreciation for the Italian way of life and the importance of food in Italian culture.

*Never Trust a Thin Cook* is more than just a cookbook. It is a love letter to Bologna and a celebration of the Italian passion for food. Flinn's writing is witty, engaging, and full of vivid descriptions that will transport readers to the kitchens, markets, and trattorias of Bologna.

Whether you are a seasoned traveler or simply a lover of good food, *Never Trust a Thin Cook* is a must-read. Flinn's insights into Italian cuisine and culture will inspire you to explore the world of food with a new appreciation and curiosity.

### **Praise for *Never Trust a Thin Cook***

“Kathleen Flinn's *Never Trust a Thin Cook* is a delightful and informative culinary memoir that will transport readers to the kitchens, markets, and trattorias of Bologna, Italy. Flinn's writing is witty, engaging, and full of vivid descriptions that will make you feel like you are right there with her as she learns the secrets of Italian cuisine. Whether you are a seasoned traveler or simply a lover of good food, *Never Trust a Thin Cook* is a must-read.”

—**David Lebovitz**, author of *My Paris Kitchen* and *The Sweet Life in Paris*

“Kathleen Flinn's *Never Trust a Thin Cook* is a love letter to Bologna and a celebration of the Italian passion for food. Flinn's writing is warm, witty, and full of insights into Italian culture and cuisine. This book is a must-read for anyone who loves food, travel, or Italy.”

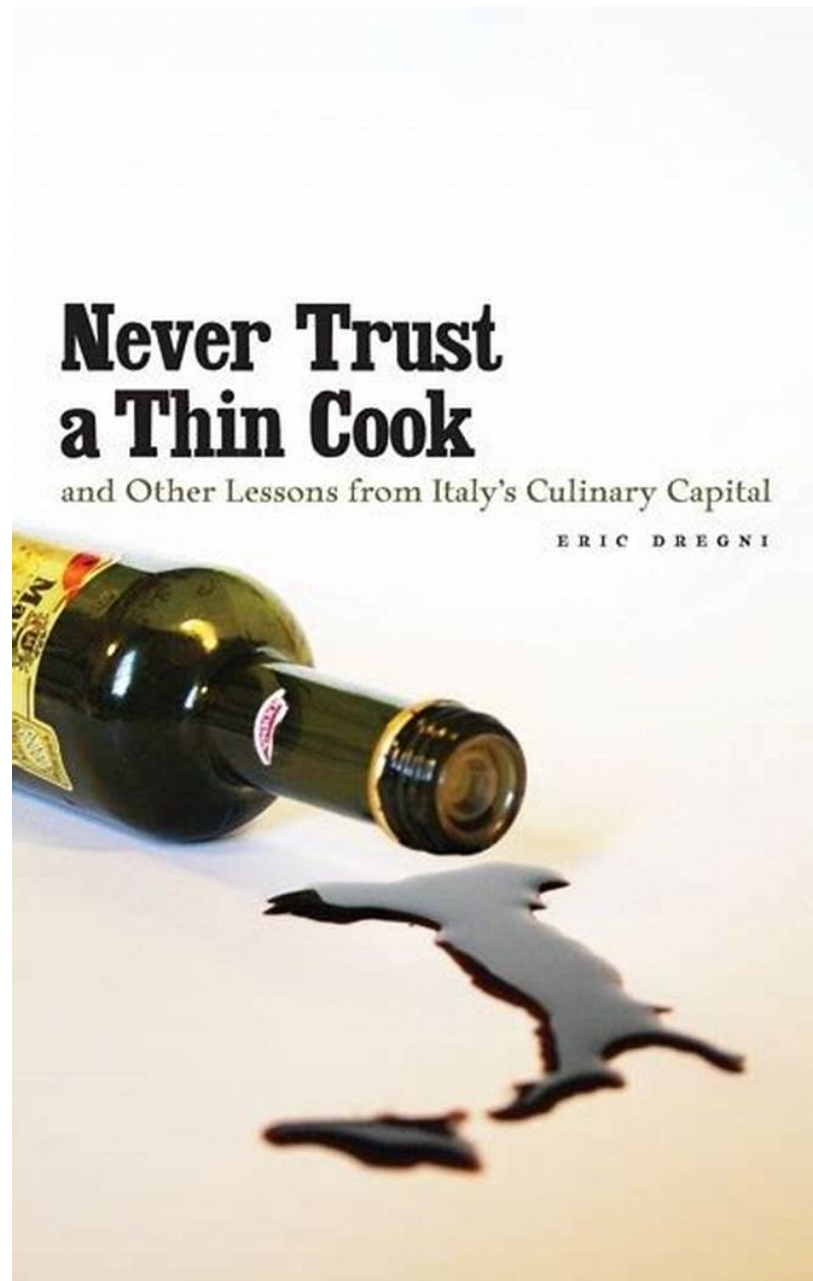
—**Katie Parla**, author of *Tasting Rome* and *Food of the Italian Islands*

### **About the Author**

Kathleen Flinn is a freelance writer and editor who has written about food, travel, and culture for a variety of publications, including *The New York Times*, *Saveur*, and *Gourmet*. She lives in Bologna, Italy, with her husband.

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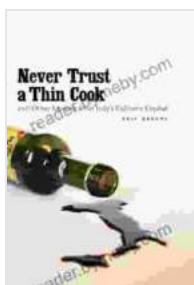
*Never Trust a Thin Cook and Other Lessons From Italy's Culinary Capital* is available now from all major booksellers.



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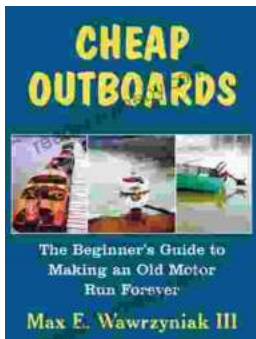
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